

35. Register Summary

Offset	Name	Bit Pos.								
0x23	PINB	7:0	PINB7	PINB6	PINB5	PINB4	PINB3	PINB2	PINB1	PINB0
0x24	DDRB	7:0	DDRB7	DDRB6	DDRB5	DDRB4	DDRB3	DDRB2	DDRB1	DDRB0
0x25	PORTB	7:0	PORTB7	PORTB6	PORTB5	PORTB4	PORTB3	PORTB2	PORTB1	PORTB0
0x26	PINC	7:0		PINC6	PINC5	PINC4	PINC3	PINC2	PINC1	PINC0
0x27	DDRC	7:0		DDRC6	DDRC5	DDRC4	DDRC3	DDRC2	DDRC1	DDRC0
0x28	PORTC	7:0		PORTC6	PORTC5	PORTC4	PORTC3	PORTC2	PORTC1	PORTC0
0x29	PIND	7:0	PIND7	PIND6	PIND5	PIND4	PIND3	PIND2	PIND1	PIND0
0x2A	DDRD	7:0	DDRD7	DDRD6	DDRD5	DDRD4	DDRD3	DDRD2	DDRD1	DDRD0
0x2B	PORTD	7:0	PORTD7	PORTD6	PORTD5	PORTD4	PORTD3	PORTD2	PORTD1	PORTD0
0x2C ... 0x34	Reserved									
0x35	TIFR0	7:0						OCFB	OCFA	TOV
0x36	TIFR1	7:0			ICF			OCFB	OCFA	TOV
0x37	TIFR2	7:0						OCFB	OCFA	TOV
0x38 ... 0x3A	Reserved									
0x3B	PCIFR	7:0						PCIF2	PCIF1	PCIF0
0x3C	EIFR	7:0							INTF1	INTF0
0x3D	EIMSK	7:0							INT1	INT0
0x3E	GPOR0	7:0	GPOR0[7:0]							
0x3F	EECR	7:0			EEPM1	EEPM0	EERIE	EEMPE	EEPE	EERE
0x40	EEDR	7:0	EEDR[7:0]							
0x41	EEARL	7:0	EEAR7	EEAR6	EEAR5	EEAR4	EEAR3	EEAR2	EEAR1	EEAR0
0x42	EEARH	7:0							EEAR9	EEAR8
0x43	GTCCR	7:0	TSM						PSRASY	PSRSYNC
0x44	TCCR0A	7:0	COM0A1	COM0A0	COM0B1	COM0B0			WGM01	WGM00
0x45	TCCR0B	7:0	FOC0A	FOC0B			WGM02	CS0[2:0]		
0x46	TCNT0	7:0	TCNT0[7:0]							
0x47	OCR0A	7:0	OCR0A[7:0]							
0x48	OCR0B	7:0	OCR0B[7:0]							
0x49	Reserved									
0x4A	GPOR1	7:0	GPOR1[7:0]							
0x4B	GPOR2	7:0	GPOR2[7:0]							
0x4C	SPCR0	7:0	SPIE0	SPE0	DORD0	MSTR0	CPOL0	CPHA0	SPR01	SPR00
0x4D	SPSR0	7:0	SPIF0	WCOL0						SPI2X0
0x4E	SPDR0	7:0	SPID[7:0]							
0x4F	Reserved									
0x50	ACSR	7:0	ACD	ACBG	ACO	ACI	ACIE	ACIC	ACIS1	ACIS0
0x51	DWDR	7:0	DWDR[7:0]							
0x52	Reserved									
0x53	SMCR	7:0					SM2	SM1	SM0	SE
0x54	MCUSR	7:0					WDRF	BORF	EXTRF	PORF

Offset	Name	Bit Pos.								
0x55	MCUCR	7:0		BODS	BODSE	PUD			IVSEL	IVCE
0x56	Reserved									
0x57	SPMCSR	7:0	SPMIE	RWWSB	SIGRD	RWWSRE	BLBSET	PGWRT	PGERS	SPMEN
0x58 ... 0x5C	Reserved									
0x5D	SPL	7:0	(SP[7:0]) SPL							
0x5E	SPH	7:0						(SP[10:8]) SPH		
0x5F	SREG	7:0	I	T	H	S	V	N	Z	C
0x60	WDTCR	7:0	WDIF	WDIE	WDP[3]	WDCE	WDE	WDP[2:0]		
0x61	CLKPR	7:0	CLKPCE				CLKPS3	CLKPS2	CLKPS1	CLKPS0
0x62 ... 0x63	Reserved									
0x64	PRR	7:0	PRTWI0	PRTIM2	PRTIM0		PRTIM1	PRSPI0	PRUSART0	PRADC
0x65	Reserved									
0x66	OSCCAL	7:0	CAL7	CAL6	CAL5	CAL4	CAL3	CAL2	CAL1	CAL0
0x67	Reserved									
0x68	PCICR	7:0						PCIE2	PCIE1	PCIE0
0x69	EICRA	7:0					ISC11	ISC10	ISC01	ISC00
0x6A	Reserved									
0x6B	PCMSK0	7:0	PCINT7	PCINT6	PCINT5	PCINT4	PCINT3	PCINT2	PCINT1	PCINT0
0x6C	PCMSK1	7:0		PCINT14	PCINT13	PCINT12	PCINT11	PCINT10	PCINT9	PCINT8
0x6D	PCMSK2	7:0	PCINT23	PCINT22	PCINT21	PCINT20	PCINT19	PCINT18	PCINT17	PCINT16
0x6E	TIMSK0	7:0						OCIEB	OCIEA	TOIE
0x6F	TIMSK1	7:0			ICIE			OCIEB	OCIEA	TOIE
0x70	TIMSK2	7:0						OCIEB	OCIEA	TOIE
0x71 ... 0x77	Reserved									
0x78	ADCL	7:0	ADC7	ADC6	ADC5	ADC4	ADC3	ADC2	ADC1	ADC0
0x79	ADCH	7:0							ADC9	ADC8
0x7A	ADCSRA	7:0	ADEN	ADSC	ADATE	ADIF	ADIE	ADPS2	ADPS1	ADPS0
0x7B	ADCSRB	7:0		ACME				ADTS2	ADTS1	ADTS0
0x7C	ADMUX	7:0	REFS1	REFS0	ADLAR		MUX3	MUX2	MUX1	MUX0
0x7D	Reserved									
0x7E	DIDR0	7:0	ADC7D	ADC6D	ADC5D	ADC4D	ADC3D	ADC2D	ADC1D	ADC0D
0x7F	DIDR1	7:0							AIN1D	AIN0D
0x80	TCCR1A	7:0	COM1	COM1	COM1	COM1			WGM11	WGM10
0x81	TCCR1B	7:0	ICNC1	ICES1		WGM13	WGM12	CS12	CS11	CS10
0x82	TCCR1C	7:0	FOC1A	FOC1B						
0x83	Reserved									
0x84	TCNT1L	7:0	TCNT1L[7:0]							
0x85	TCNT1H	7:0	TCNT1H[7:0]							
0x86	ICR1L	7:0	ICR1L[7:0]							
0x87	ICR1H	7:0	ICR1H[7:0]							
0x88	OCR1AL	7:0	OCR1AL[7:0]							

Offset	Name	Bit Pos.								
0x89	OCR1AH	7:0	OCR1AH[7:0]							
0x8A	OCR1BL	7:0	OCR1BL[7:0]							
0x8B	OCR1BH	7:0	OCR1BH[7:0]							
0x8C ... 0xAF	Reserved									
0xB0	TCCR2A	7:0	COM2A1	COM2A0	COM2B1	COM2B0			WGM21	WGM20
0xB1	TCCR2B	7:0	FOC2A	FOC2B			WGM22	CS2[2:0]		
0xB2	TCNT2	7:0	TCNT2[7:0]							
0xB3	OCR2A	7:0	OCR2A[7:0]							
0xB4	OCR2B	7:0	OCR2B[7:0]							
0xB5	Reserved									
0xB6	ASSR	7:0		EXCLK	AS2	TCN2UB	OCR2AUB	OCR2BUB	TCR2AUB	TCR2BUB
0xB7	Reserved									
0xB8	TWBR	7:0	TWBR7	TWBR6	TWBR5	TWBR4	TWBR3	TWBR2	TWBR1	TWBR0
0xB9	TWSR	7:0	TWS4	TWS3	TWS2	TWS1	TWS0		TWPS1	TWPS0
0xBA	TWAR	7:0	TWA6	TWA5	TWA4	TWA3	TWA2	TWA1	TWA0	TWGCE
0xBB	TWDR	7:0	TWD7	TWD6	TWD5	TWD4	TWD3	TWD2	TWD1	TWD0
0xBC	TWCR	7:0	TWINT	TWEA	TWSTA	TWSTO	TWWC	TWEN		TWIE
0xBD	TWAMR	7:0	TWAM6	TWAM5	TWAM4	TWAM3	TWAM2	TWAM1	TWAM0	
0xBE ... 0xBF	Reserved									
0xC0	UCSR0A	7:0	RXC0	TXC0	UDRE0	FE0	DOR0	UPE0	U2X0	MPCM0
0xC1	UCSR0B	7:0	RXCIE0	TXCIE0	UDRIE0	RXEN0	TXEN0	UCSZ02	RXB80	TXB80
0xC2	UCSR0C	7:0	UMSEL01	UMSEL00	UPM01	UPM00	USBS0	UCSZ01 / UDORD0	UCSZ00 / UCPHA0	UCPOL0
0xC3	Reserved									
0xC4	UBRR0L	7:0	UBRR0[7:0]							
0xC5	UBRR0H	7:0					UBRR0[3:0]			
0xC6	UDR0	7:0	TXB / RXB[7:0]							

35.1. Note

1. For compatibility with future devices, reserved bits should be written to zero if accessed. Reserved I/O memory addresses should never be written.
2. I/O Registers within the address range 0x00 - 0x1F are directly bit-accessible using the SBI and CBI instructions. In these registers, the value of single bits can be checked by using the SBIS and SBIC instructions.
3. Some of the Status Flags are cleared by writing a logical one to them. Note that, unlike most other AVRs, the CBI and SBI instructions will only operate on the specified bit, and can therefore be used on registers containing such Status Flags. The CBI and SBI instructions work with registers 0x00 to 0x1F only.
4. When using the I/O specific commands IN and OUT, the I/O addresses 0x00 - 0x3F must be used. When addressing I/O Registers as data space using LD and ST instructions, 0x20 must be added to these addresses. The ATmega328/P is a complex microcontroller with more peripheral units than can be supported within the 64 location reserved in Opcode for the IN and OUT instructions. For

the Extended I/O space from 0x60 - 0xFF in SRAM, only the ST/STS/STD and LD/LDS/LDD instructions can be used.

36. Instruction Set Summary

ARITHMETIC AND LOGIC INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
ADD	Rd, Rr	Add two Registers without Carry	$Rd \leftarrow Rd + Rr$	Z,C,N,V,H	1
ADC	Rd, Rr	Add two Registers with Carry	$Rd \leftarrow Rd + Rr + C$	Z,C,N,V,H	1
ADIW	Rdl,K	Add Immediate to Word	$Rdh:Rdl \leftarrow Rdh:Rdl + K$	Z,C,N,V,S	2
SUB	Rd, Rr	Subtract two Registers	$Rd \leftarrow Rd - Rr$	Z,C,N,V,H	1
SUBI	Rd, K	Subtract Constant from Register	$Rd \leftarrow Rd - K$	Z,C,N,V,H	1
SBC	Rd, Rr	Subtract two Registers with Carry	$Rd \leftarrow Rd - Rr - C$	Z,C,N,V,H	1
SBCI	Rd, K	Subtract Constant from Reg with Carry.	$Rd \leftarrow Rd - K - C$	Z,C,N,V,H	1
SBIW	Rdl,K	Subtract Immediate from Word	$Rdh:Rdl \leftarrow Rdh:Rdl - K$	Z,C,N,V,S	2
AND	Rd, Rr	Logical AND Registers	$Rd \leftarrow Rd \cdot Rr$	Z,N,V	1
ANDI	Rd, K	Logical AND Register and Constant	$Rd \leftarrow Rd \cdot K$	Z,N,V	1
OR	Rd, Rr	Logical OR Registers	$Rd \leftarrow Rd \vee Rr$	Z,N,V	1
ORI	Rd, K	Logical OR Register and Constant	$Rd \leftarrow Rd \vee K$	Z,N,V	1
EOR	Rd, Rr	Exclusive OR Registers	$Rd \leftarrow Rd \oplus Rr$	Z,N,V	1
COM	Rd	One's Complement	$Rd \leftarrow 0xFF - Rd$	Z,C,N,V	1
NEG	Rd	Two's Complement	$Rd \leftarrow 0x00 - Rd$	Z,C,N,V,H	1
SBR	Rd,K	Set Bit(s) in Register	$Rd \leftarrow Rd \vee K$	Z,N,V	1
CBR	Rd,K	Clear Bit(s) in Register	$Rd \leftarrow Rd \cdot (0xFF - K)$	Z,N,V	1
INC	Rd	Increment	$Rd \leftarrow Rd + 1$	Z,N,V	1
DEC	Rd	Decrement	$Rd \leftarrow Rd - 1$	Z,N,V	1
TST	Rd	Test for Zero or Minus	$Rd \leftarrow Rd \cdot Rd$	Z,N,V	1
CLR	Rd	Clear Register	$Rd \leftarrow Rd \oplus Rd$	Z,N,V	1
SER	Rd	Set Register	$Rd \leftarrow 0xFF$	None	1
MUL	Rd, Rr	Multiply Unsigned	$R1:R0 \leftarrow Rd \times Rr$	Z,C	2
MULS	Rd, Rr	Multiply Signed	$R1:R0 \leftarrow Rd \times Rr$	Z,C	2
MULSU	Rd, Rr	Multiply Signed with Unsigned	$R1:R0 \leftarrow Rd \times Rr$	Z,C	2
FMUL	Rd, Rr	Fractional Multiply Unsigned	$R1:R0 \leftarrow (Rd \times Rr) \ll 1$	Z,C	2
FMULS	Rd, Rr	Fractional Multiply Signed	$R1:R0 \leftarrow (Rd \times Rr) \ll 1$	Z,C	2
FMULSU	Rd, Rr	Fractional Multiply Signed with Unsigned	$R1:R0 \leftarrow (Rd \times Rr) \ll 1$	Z,C	2

BRANCH INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
RJMP	k	Relative Jump	$PC \leftarrow PC + k + 1$	None	2
IJMP		Indirect Jump to (Z)	$PC \leftarrow Z$	None	2
JMP(1)	k	Direct Jump	$PC \leftarrow k$	None	3
RCALL	k	Relative Subroutine Call	$PC \leftarrow PC + k + 1$	None	3

BRANCH INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
ICALL		Indirect Call to (Z)	$PC \leftarrow Z$	None	3
CALL(1)	k	Direct Subroutine Call	$PC \leftarrow k$	None	4
RET		Subroutine Return	$PC \leftarrow STACK$	None	4
RETI		Interrupt Return	$PC \leftarrow STACK$	I	4
CPSE	Rd,Rr	Compare, Skip if Equal	if (Rd = Rr) $PC \leftarrow PC + 2$ or 3	None	1/2/3
CP	Rd,Rr	Compare	Rd - Rr	Z, N,V,C,H	1
CPC	Rd,Rr	Compare with Carry	Rd - Rr - C	Z, N,V,C,H	1
CPI	Rd,K	Compare Register with Immediate	Rd - K	Z, N,V,C,H	1
SBRC	Rr, b	Skip if Bit in Register Cleared	if (Rr(b)=0) $PC \leftarrow PC + 2$ or 3	None	1/2/3
SBRS	Rr, b	Skip if Bit in Register is Set	if (Rr(b)=1) $PC \leftarrow PC + 2$ or 3	None	1/2/3
SBIC	A, b	Skip if Bit in I/O Register Cleared	if (I/O(A,b)=1) $PC \leftarrow PC + 2$ or 3	None	1/2/3
SBIS	A, b	Skip if Bit in I/O Register is Set	if (I/O(A,b)=1) $PC \leftarrow PC + 2$ or 3	None	1/2/3
BRBS	s, k	Branch if Status Flag Set	if (SREG(s) = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRBC	s, k	Branch if Status Flag Cleared	if (SREG(s) = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BREQ	k	Branch if Equal	if (Z = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRNE	k	Branch if Not Equal	if (Z = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRCS	k	Branch if Carry Set	if (C = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRCC	k	Branch if Carry Cleared	if (C = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRSH	k	Branch if Same or Higher	if (C = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRLO	k	Branch if Lower	if (C = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRMI	k	Branch if Minus	if (N = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRPL	k	Branch if Plus	if (N = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRGE	k	Branch if Greater or Equal, Signed	if ($N \oplus V = 0$) then $PC \leftarrow PC + k + 1$	None	1/2
BRLT	k	Branch if Less Than Zero, Signed	if ($N \oplus V = 1$) then $PC \leftarrow PC + k + 1$	None	1/2
BRHS	k	Branch if Half Carry Flag Set	if (H = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRHC	k	Branch if Half Carry Flag Cleared	if (H = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRTS	k	Branch if T Flag Set	if (T = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRTC	k	Branch if T Flag Cleared	if (T = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRVS	k	Branch if Overflow Flag is Set	if (V = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRVC	k	Branch if Overflow Flag is Cleared	if (V = 0) then $PC \leftarrow PC + k + 1$	None	1/2
BRIE	k	Branch if Interrupt Enabled	if (I = 1) then $PC \leftarrow PC + k + 1$	None	1/2
BRID	k	Branch if Interrupt Disabled	if (I = 0) then $PC \leftarrow PC + k + 1$	None	1/2

BIT AND BIT-TEST INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
SBI	P,b	Set Bit in I/O Register	$I/O(P,b) \leftarrow 1$	None	2
CBI	P,b	Clear Bit in I/O Register	$I/O(P,b) \leftarrow 0$	None	2

BIT AND BIT-TEST INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
LSL	Rd	Logical Shift Left	$Rd(n+1) \leftarrow Rd(n), Rd(0) \leftarrow 0$	Z,C,N,V	1
LSR	Rd	Logical Shift Right	$Rd(n) \leftarrow Rd(n+1), Rd(7) \leftarrow 0$	Z,C,N,V	1
ROL	Rd	Rotate Left Through Carry	$Rd(0) \leftarrow C, Rd(n+1) \leftarrow Rd(n), C \leftarrow Rd(7)$	Z,C,N,V	1
ROR	Rd	Rotate Right Through Carry	$Rd(7) \leftarrow C, Rd(n) \leftarrow Rd(n+1), C \leftarrow Rd(0)$	Z,C,N,V	1
ASR	Rd	Arithmetic Shift Right	$Rd(n) \leftarrow Rd(n+1), n=0...6$	Z,C,N,V	1
SWAP	Rd	Swap Nibbles	$Rd(3...0) \leftrightarrow Rd(7...4), Rd(7...4) \leftrightarrow Rd(3...0)$	None	1
BSET	s	Flag Set	$SREG(s) \leftarrow 1$	SREG(s)	1
BCLR	s	Flag Clear	$SREG(s) \leftarrow 0$	SREG(s)	1
BST	Rr, b	Bit Store from Register to T	$T \leftarrow Rr(b)$	T	1
BLD	Rd, b	Bit load from T to Register	$Rd(b) \leftarrow T$	None	1
SEC		Set Carry	$C \leftarrow 1$	C	1
CLC		Clear Carry	$C \leftarrow 0$	C	1
SEN		Set Negative Flag	$N \leftarrow 1$	N	1
CLN		Clear Negative Flag	$N \leftarrow 0$	N	1
SEZ		Set Zero Flag	$Z \leftarrow 1$	Z	1
CLZ		Clear Zero Flag	$Z \leftarrow 0$	Z	1
SEI		Global Interrupt Enable	$I \leftarrow 1$	I	1
CLI		Global Interrupt Disable	$I \leftarrow 0$	I	1
SES		Set Signed Test Flag	$S \leftarrow 1$	S	1
CLS		Clear Signed Test Flag	$S \leftarrow 0$	S	1
SEV		Set Two's Complement Overflow.	$V \leftarrow 1$	V	1
CLV		Clear Two's Complement Overflow	$V \leftarrow 0$	V	1
SET		Set T in SREG	$T \leftarrow 1$	T	1
CLT		Clear T in SREG	$T \leftarrow 0$	T	1
SEH		Set Half Carry Flag in SREG	$H \leftarrow 1$	H	1
CLH		Clear Half Carry Flag in SREG	$H \leftarrow 0$	H	1

DATA TRANSFER INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
MOV	Rd, Rr	Move Between Registers	$Rd \leftarrow Rr$	None	1
MOVW	Rd, Rr	Copy Register Word	$Rd+1:Rd \leftarrow Rr+1:Rr$	None	1
LDI	Rd, K	Load Immediate	$Rd \leftarrow K$	None	1
LD	Rd, X	Load Indirect	$Rd \leftarrow (X)$	None	2
LD	Rd, X+	Load Indirect and Post-Increment	$Rd \leftarrow (X), X \leftarrow X + 1$	None	2
LD	Rd, -X	Load Indirect and Pre-Decrement	$X \leftarrow X - 1, Rd \leftarrow (X)$	None	2
LD	Rd, Y	Load Indirect	$Rd \leftarrow (Y)$	None	2
LD	Rd, Y+	Load Indirect and Post-Increment	$Rd \leftarrow (Y), Y \leftarrow Y + 1$	None	2

DATA TRANSFER INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
LD	Rd, - Y	Load Indirect and Pre-Decrement	$Y \leftarrow Y - 1, Rd \leftarrow (Y)$	None	2
LDD	Rd, Y+q	Load Indirect with Displacement	$Rd \leftarrow (Y + q)$	None	2
LD	Rd, Z	Load Indirect	$Rd \leftarrow (Z)$	None	2
LD	Rd, Z+	Load Indirect and Post-Increment	$Rd \leftarrow (Z), Z \leftarrow Z + 1$	None	2
LD	Rd, -Z	Load Indirect and Pre-Decrement	$Z \leftarrow Z - 1, Rd \leftarrow (Z)$	None	2
LDD	Rd, Z+q	Load Indirect with Displacement	$Rd \leftarrow (Z + q)$	None	2
LDS	Rd, k	Load Direct from SRAM	$Rd \leftarrow (k)$	None	2
ST	X, Rr	Store Indirect	$(X) \leftarrow Rr$	None	2
ST	X+, Rr	Store Indirect and Post-Increment	$(X) \leftarrow Rr, X \leftarrow X + 1$	None	2
ST	- X, Rr	Store Indirect and Pre-Decrement	$X \leftarrow X - 1, (X) \leftarrow Rr$	None	2
ST	Y, Rr	Store Indirect	$(Y) \leftarrow Rr$	None	2
ST	Y+, Rr	Store Indirect and Post-Increment	$(Y) \leftarrow Rr, Y \leftarrow Y + 1$	None	2
ST	- Y, Rr	Store Indirect and Pre-Decrement	$Y \leftarrow Y - 1, (Y) \leftarrow Rr$	None	2
STD	Y+q, Rr	Store Indirect with Displacement	$(Y + q) \leftarrow Rr$	None	2
ST	Z, Rr	Store Indirect	$(Z) \leftarrow Rr$	None	2
ST	Z+, Rr	Store Indirect and Post-Increment	$(Z) \leftarrow Rr, Z \leftarrow Z + 1$	None	2
ST	-Z, Rr	Store Indirect and Pre-Decrement	$Z \leftarrow Z - 1, (Z) \leftarrow Rr$	None	2
STD	Z+q, Rr	Store Indirect with Displacement	$(Z + q) \leftarrow Rr$	None	2
STS	k, Rr	Store Direct to SRAM	$(k) \leftarrow Rr$	None	2
LPM		Load Program Memory	$R0 \leftarrow (Z)$	None	3
LPM	Rd, Z	Load Program Memory	$Rd \leftarrow (Z)$	None	3
LPM	Rd, Z+	Load Program Memory and Post-Inc	$Rd \leftarrow (Z), Z \leftarrow Z + 1$	None	3
SPM		Store Program Memory	$(Z) \leftarrow R1:R0$	None	-
IN	Rd, A	In from I/O Location	$Rd \leftarrow I/O (A)$	None	1
OUT	A, Rr	Out to I/O Location	$I/O (A) \leftarrow Rr$	None	1
PUSH	Rr	Push Register on Stack	$STACK \leftarrow Rr$	None	2
POP	Rd	Pop Register from Stack	$Rd \leftarrow STACK$	None	2

MCU CONTROL INSTRUCTIONS					
Mnemonics	Operands	Description	Operation	Flags	#Clocks
NOP		No Operation	No Operation	None	1
SLEEP		Sleep	(see specific descr. for Sleep function)	None	1
WDR		Watchdog Reset	(see specific descr. for WDR/timer)	None	1
BREAK		Break	For On-chip Debug Only	None	N/A